



2017 Optimum Life®

Continuing Education Series



Assisted Living from A to Z

Jim Pusateri, *SVP, Sales Implementation & Strategy;*

Carol Cummings, *RN, BSN, Sr. Director, Optimum Life*

Assisted living is a residential alternative to nursing home care. According to the National Survey of Residential Care Facilities, there are more than 31,000 assisted living communities nationwide serving almost one million seniors. A relatively new concept 25 years ago, today assisted living is the most preferred and fastest growing long-term care option for seniors.

In this presentation Brookdale's Carol Cummings and Jim Pusateri will debunk some of the myths of assisted living. They will discuss how assisted living is regulated, what kinds of things you can expect from an assisted living provider, how to evaluate if assisted living is the right choice for an older adult, and how to start the conversation about making a move to assisted living.

Following this presentation the participant will be able to:

- Discuss the history of assisted living as an alternative to nursing home care
- Articulate how assisted living is regulated and how to find your state's specific requirements
- Discuss ways to evaluate the appropriateness of assisted living to meet a senior's health and wellness needs including the need for autonomy and choice
- Identify ways to start the conversation with an older adult about assisted living

- This activity has been submitted to the Ohio Nurses Association (OBN-001-91) for approval to award contact hours. The Ohio Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.
- For questions call Carol Cummings at (630) 988-1826.
- This educational offering has been reviewed and approved for 1.0 hour by National Continuing Education Review Service (NCERS) of the National Association of Long Term Care Administrator Boards (NAB).
- This program is approved by the National Association of Social Workers.
- This program has been pre-approved by the Commission for Case Manager Certification to provide continuing education credit to CCM board certified case managers. The course is approved for 1.0 CE hour.
- Brookdale Senior Living Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0221.



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